



BERMUDA FOOTBALL ASSOCIATION

P O Box HM 745

Hamilton HM CX

Tel: 441-295-2199 Fax: 441-295-0773 www.bermudafa.com

Academy update

Parents and players,

The 4th Annual Clyde Best Invitational Tournament gave the National Academy players a test on the road to building a more competitive National Program. We invited West Ham United of the English Premier League and AS St Etienne of the French Liga 1, to participate in this year's event. Two teams represented the National Academy program, one Bermuda Grey made up of our 1995 year group, while the other, Bermuda Red which was made up mainly of 1994 players with a couple of 1993's to compete against these top flight international teams.

From a pure footballing front, we would like to take this opportunity to highlight a few benchmarks areas for our National Academy Program that would have been evident during the matches:

- The introduction to a "game style" that enables positive football
- Players being asked to play a specific role within the "game style"
- Pre and post match routines to aid recovery
- Resiliency in wanting to compete in difficult circumstance
- Starting to develop a best performance mindset

All the boys all did really well over the course of the entire three games and here are a few observations from the coaching staff:

A few highlights for the 1995 Bermuda Grey team.

- Scored in both games against West Ham & St. Etienne's 1994
- Played wonderfully against Bermuda Red 1994 /1993's
- Understanding of the Game style and their individual roles.
- Levels of competitiveness throughout the games.
- Positive attitude to game preparation.
- Respect for support staff (coaches, physio and kit manager)
- Levels of resilience in difficult situations.
- Observations of visiting teams habits



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Low Lights and areas to improve on.

As a group we must continue to manage the game when losing (avoiding big scores)

- As a group must continue to be competitive throughout entire game (minute to minute)
- Improve concentration levels play to play

By enlarge we are really satisfied with the groups performances over three matches particularly in the first 50 minutes of all games.

A few highlights for the 1994/3s Bermuda Red team.

- Great performance against St Etienne!
- Best team goal of the tournament.
- Many players coming to terms with the "game style".
- A more competitive attitude displayed throughout the games.
- Good levels of football fitness in 3rd game
- Better training habits

Low Lights and areas to improve on.

- Not all players 100% committed.
- Players struggling to follow simple instructions
- Attention to detail.

Our short-term focus for this group of players is U17 world cup qualifiers, medium range goals U20 and long term U23 and full national team players.

The Bermuda Football Association wishes to thank all parents, players, club coaches and the general public for their participation and support during the 2010 Clyde Best Invitational Football Tournament.

This annual Tournament in honor our legendary West Ham United and Bermuda icon Clyde Best continues to improve year to year. It is our belief that all those who participated in the tournament through the experience being a ball boy, player on the Bermuda Grey and Red Academy Teams or the coaching clinics and seminars have benefitted greatly.



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