

The National Training Academy Schedule
As of Monday, September 14, 2009

- Please note **Monday to Wednesday** sessions are 90 minutes while **Thursday to Friday** sessions are 60 minutes.

Key

93/94 Girls	
95/96 Girls	
Senior Women	
90/91 Boys	
92 Boys	
93 Boys	
94 Boys	
95/96 Boys	
97 Boys	
98 Boys	
Senior Men	

Training Days	Monday	Tuesday	Wednesday	Thursday	Friday
Yr.	1993 & 1994	1997	1995 & 1996	1997	1995 & 1996
Group	Girls	Boys	Boys	Boys	Boys
Coach	Coach Brown	Coach Boyles	Coach Boyles	Coach Boyles	Coach Boyles
Time	5:00 p.m.- 6:30 p.m.	5:00p.m.-6:30 p.m.	5:00 p.m.-6:30p.m.	5:00 p.m.-6:00p.m.	5:00 p.m.-6:00p.m.
Yr.	1995 & 1996	1998	1993	1998	1992
Group	Girls	Boys	Boys	Boys	Boys
Coach	Coach Lewis	Coach Broadley	Coach Darrell	Coach Broadley	Coach Darrell
Time	5:00 p.m.- 6:30 p.m.	5:00 p.m.-6:30 p.m.	6:30 p.m.- 8:00 p.m.	5:00p.m.-6:00p.m.	6:00 p.m.- 7:00 p.m.
Yr.	1992	1992 and Older	1994	1993 & 1994	1993
Group	Boys	Women	Boys	Girls	Boys
Coach	Coach Darrell	Coach Salaam	Coach Boyles	Coach Brown	Coach Darrell
Time	6:30 p.m.- 8:00 p.m.	6:30 p.m.- 8:00 p.m.	6:30 p.m.- 8:00 p.m.	6:00 p.m.- 7:00 p.m.	6:00 p.m.- 7:00 p.m.
Yr.	U23	1990 & 1991	U23	1995 & 1996	1994
Group	Men	Boys	Men	Girls	Boys
Coach	Coach Morton	Coach Morton	Coach Morton	Coach Lewis	Coach Boyles
Time	8:00 p.m.-9:30 p.m.	6:30 p.m. - 8:00 p.m.	8:00 p.m.-9:30 p.m.	6:00 p.m.- 7:00 p.m.	7:00 p.m.- 8:00 p.m.

**Yr.
Group
Coach
Time**

1992 and Older Women Coach Salaam 7:00 p.m.- 8:00 p.m.	1990 & 1991 Boys Coach Morton 7:00 p.m.- 8:00 p.m.
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